

ЧАСТНОЕ ОБРАЗОВАТЕЛЬНОЕ УЧРЕЖДЕНИЕ
ВЫСШЕГО ОБРАЗОВАНИЯ
БРЯНСКИЙ ИНСТИТУТ УПРАВЛЕНИЯ И БИЗНЕСА

УТВЕРЖДАЮ
И.о. заведующий кафедрой
гуманитарных
и естественнонаучных дисциплин
Е.А. Антошкина
«23» августа 2023 г.

Иностранный язык (английский)

**МЕТОДИЧЕСКИЕ МАТЕРИАЛЫ ПО НАПИСАНИЮ
КОНТРОЛЬНОЙ РАБОТЫ**

для студентов, обучающихся
по направлению 37.03.01 Психология

Брянск 2023

Введение

Методические материалы предназначены для студентов 1 курса заочной формы обучения направления подготовки 37.03.01 Психология и состоят из 2 частей: пояснения по оформлению и варианты контрольных работ.

В Методические материалы включены 4 варианта контрольной работы. Номер варианта указывается преподавателем. Каждый вариант содержит 5 заданий, из которых 1 является грамматическим, 3 являются речевыми, одно задание – работа с текстом.

В течение семестра студент пишет одну контрольную работу и направляет ее в институт в строго установленный срок. Прежде, чем начать выполнять контрольную работу, студент должен изучить теоретический материал данного семестра, указанный преподавателем, а затем приступить к работе.

Контрольная работа должна отвечать следующим требованиям:

1. Первый лист работы должен быть оставлен чистым для рецензии преподавателя.
2. В записи должны быть оставлены поля для замечаний и рекомендаций рецензента.
3. Задания к контрольной работе обязательно переписываются.
4. Проверенная контрольная работа должна быть исправлена студентом согласно указаниям рецензента, а недостаточно усвоенные темы семестра дополнительно проработаны перед устным зачетом.

Студенты, не справившиеся с контрольной работой, не допускаются к экзамену за семестр.

I. Выполнение контрольной работы

Общая схема написания контрольной работы должна соответствовать общей схеме хода исследования, поэтому основными этапами выполнения контрольной работы являются:

- подготовительный;
- написание текста работы;
- оформление работы;

Соблюдение этих последовательных этапов позволит студенту самостоятельно выполнить контрольную работу в установленные сроки.

Подготовку контрольной работы следует начинать с повторения соответствующего раздела учебника, учебных пособий по данной теме и конспектов лекций прочитанных ранее. Приступать к выполнению работы без изучения основных положений и понятий, не следует, так как в этом случае студент, как правило, плохо ориентируется в материале, не может отграничить смежные вопросы и сосредоточить внимание на основных, первостепенных проблемах рассматриваемой темы.

II. Структура контрольной работы

1. Работа с текстом.
2. Закрепление лексических и грамматических навыков на материале текста.
3. Совершенствование навыков письменной монологической речи.
4. Оформление делового письма/конверта.
5. Составление резюме.

III. Оформление работы

Работа выполняется на одной стороне листов формата А4 (210x297 мм).

Компьютерный текст набирается шрифтом Times New Roman, 14 размера с полуторным интервалом. Абзацный отступ - 1,25 (5 знаков).

Напечатанный текст должен иметь поля: верхнее и нижнее - 20 мм, правое - 15 мм, левое - 30 мм.

Страницы должны иметь сквозную нумерацию (номер указывается в середине нижнего поля), при этом титульный лист считается первой страницей, но не нумеруется.

IV. Варианты контрольной работы

Вариант 1

1. Прочитайте и письменно переведите текст.

What Is Psychology

Psychology is the scientific study of mental processes and behaviour. Psychologists observe and record how people and other animals relate to one another and to the environment. They look for patterns that will help them understand and predict behaviour, and they use scientific methods to test their ideas. Through such studies, psychologists have learned much that can help people fulfill their potential as human beings and increase understanding between individuals, groups, nations, and cultures.

Psychology is a broad field that explores a variety of questions about thoughts, feelings, and actions. Psychologists ask such questions as: «How do we see, hear, smell, taste, and feel? What enables us to learn, think, and remember, and why do we forget? What activities distinguish human beings from other animals? What abilities are we born with, and which must we learn? How much does the mind affect the body, and how does the body affect the mind? For example, can we change our heart rate or temperature just by thinking about doing so? What can our dreams tell us about our needs, wishes, and desires? Why do we like the people we like? What is mental illness?»

The research findings of psychologists have greatly increased our understanding of why people behave as they do. For example, psychologists have discovered much about how personality develops and how to promote healthy development. They have some knowledge of how to help people change bad habits and how to help students learn. They understand some of the conditions that can make workers more productive. A great deal remains to be discovered. Nevertheless, insights provided by psychology can help people function better as individuals, friends, family members, and workers.

2. Ответьте на вопросы по тексту на английском языке

What is psychology?

What do psychologists do?

What does psychology explore?

What kind of questions do psychologists ask?

Why do we need psychological research?

How can psychology help us?

3. Ответьте на вопрос по теме, выразив собственное мнение.

Why do you want to become a professional psychologist?

4. Ниже дан пример оформления конверта на английском языке. Поясните, что означают выделенные цифры (1-6)

Roughsons Electronics
21 Mead Road
(1) Swansea, **(2)** Glamorgan 3ST 1DR
(3) Mr. R. Brown
(4) Homemakers LTD
54-59 **(5)** Riverside
Cardiff **(6)** CF1 1JW

5. Составьте свое резюме по модели, данной ниже.

Name: Susanna J.Patrick

Home address: 1 The Lane Liverpool M16 2PT

Date of birth: 22 March 1979

Place of birth: Liverpool

Nationality: British

Marital status: Single

Education: Stonebroom Comprehensive School West Park Liverpool September 1990-July 1995

Qualifications: July 1995 GCSE Mathematics (B)English (C)Business Studies (A)French (C)Art and Design (D)

Objective: A traineeship in trading

Work experience: Work on a market stall on Saturday

Interest & activities: Swimming. Reading. Horse riding

Вариант 2

1. Прочитайте и письменно переведите текст.

How Do Psychologists Study the Mind?

Psychology is the science of the mind and behaviour. The human mind is perhaps the most complex and unique field of study, and has been a puzzle to humankind for hundreds of years. The human mind is the source of all thought, behaviour, emotions, interactions, and it determines how we conduct ourselves in society.

The mind is highly complex and enigmatic. Many wonder how psychologists can study such an abstract and extremely sophisticated thing. Even if scientists look inside the brain, as in an autopsy or during a surgical operation, all they see is gray matter (the brain). Thoughts, cognition, emotions, memories, dreams, perceptions, etc. cannot be seen physically, like a skin rash or heart defect.

Experts say that the approach to psychology is not that different to other sciences. As in other sciences, experiments are devised to confirm or disprove theories or expectations. For a psychologist, human behaviour is used as evidence - or at least an indication - of how the mind functions. We are unable to observe the mind directly; however, virtually all our actions, feelings and thoughts are influenced by the functioning of our minds. That is why

human behaviour is used as raw data for testing psychological theories on how the mind functions.

German psychologist Wilhelm Wundt opened the first experimental psychology labs in the late 1800s. Since that time we have learned an enormous amount about the relationship between brain, mind, memory and behaviour.

2. Ответьте на вопросы по тексту на английском языке

What determines our behaviour?

Can scientists see human mind?

What do psychologists use to test their theories?

Who opened the first psychology laboratory?

3. Ответьте на вопрос по теме, выразив собственное мнение.

Why is it difficult to study human mind?

4. Ниже дан пример оформления конверта на английском языке. Поясните, что означают выделенные цифры (1-6)

Flanagan's Department Store
12207 Sunset Strip
(1) Los Angeles, (2) CA 91417

(3) Mrs. Terry Roberts
(4) Ketchum Collection Agency
1267 (5) Hollywood Boulevard
Los Angeles, (6) CA 91401

5. Составьте свое резюме по модели, данной ниже.

Name: Peter J. Brown

Home address: 3 The Cherry street Liverpool M13 2PT

Date of birth: 14 January 1972

Place of birth: Liverpool

Nationality: British

Marital status: Married

Education: Stonebroom Comprehensive School West Park Liverpool September 1990-July 1995

Qualifications: July 1995 GCSE Mathematics (B) English (C) Business Studies (A) French (C) Art and Design (D)

Objective: A traineeship in trading

Work experience: Work on a market stall on Saturday

Interest & activities: Climbing. Reading.

Вариант 3

1. Прочитайте и письменно переведите текст.

Careers in Psychology

There are many careers in psychology. Psychology includes both research, through which we learn fundamental things about human and animal behaviour, and practice, through which that knowledge is applied in helping people to solve problems. Psychology is an extremely varied field. Psychologists conduct research, serve as consultants, diagnose and treat people, and teach future psychologists and other types of students. They test intelligence and personality.

As scientists, psychologists use scientific methods of observation, experimentation and analysis. But psychologists also need to be creative in the way they apply scientific findings.

Psychologists are frequently innovators, inventing new approaches to people and societies. They develop theories and test them in their research. As they collect new information, these findings can be used by practitioners in their work with clients and patients.

As practitioners psychologists work in laboratories, hospitals, courtrooms, schools and universities, prisons and corporate offices. They work with business executives, performers, and athletes to reduce stress and improve performance. They advise lawyers on jury selection and cooperate with educators on school reform. Immediately following a disaster, such as a plane crash or bombing, psychologists help victims and bystanders recover from the shock of the event.

Involved in all aspects of our world, psychologists must keep up with what is happening around us. When you are a psychologist, your education never ends.

Most psychologists say they love their work. They say that they have a variety of daily tasks and the flexibility of their schedules.

The study of psychology is a good preparation for many other professions. Many employers are interested in the skills of collecting, analyzing and interpreting data, and their experience with statistics and experimental design.

Psychology is a very diverse field with hundreds of career paths. We all know about caring for people with mental and emotional disorders. Some other jobs like helping with the design of computer systems are less well-known. What all psychologists have in common is an interest in the minds of both humans and animals.

2. Ответьте на вопросы по тексту на английском языке

What does the field of psychology include?

What innovations do psychologists make?

Where do psychologists work?

Who do psychologists work with?

Do most psychologists like their work?

What skills are many employers interested in?

What do all psychologists have in common?

3. Ответьте на вопрос по теме, выразив собственное мнение.

What sort of career in psychology would you prefer? Why?

4. Ниже дан пример оформления конверта на английском языке. Поясните, что означают выделенные цифры (1-6)

Howard & Pratt, Ladies' Clothing

306 3d Avenue

(1) Chicago, (2) Illinois 60602

(3) D.A.Leary Manager

Manager (4) Jackson & Miles 118 (5) Regent Street London, (6) W1C 3D UK
--

5. Составьте свое резюме по модели, данной ниже.

Name: John J. Brown

Home address: 5 Cross street Liverpool M13 2NR

Date of birth: 10 January 1980

Place of birth: Liverpool

Nationality: British

Marital status: Married

Education: Stonebroom Comprehensive School West Park Liverpool September 1990-July 1995

Qualifications: July 1995 GCSE Mathematics (B) English (C) Business Studies (A) French (C) Art and Design (D)

Objective: A traineeship in trading

Work experience: Work on a market stall on Saturday

Interest & activities: Roller-skating. Gardening. Fishing.

Вариант 4

1. Прочитайте и письменно переведите текст.

What Is the Difference Between a Psychologist and a Psychiatrist?

The work of psychologists and psychiatrists has much in common. Both psychologists and psychiatrists can provide psychotherapy and counseling services. Both psychologists and psychiatrists are trained to diagnose neuropsychological disorders and dysfunctions plus psychotic, neurotic and personality disorders and dysfunctions. Both professionals are granted the right to make such diagnoses by law while other doctors cannot. Both psychologists and psychiatrists help people maintain and enhance their physical, intellectual, emotional, social and interpersonal functioning.

However, there are some important differences in training and special skills. Psychiatrists, as medical doctors, can prescribe medications for psychological distress. Psychologists do not prescribe medications, instead focusing their treatment on psychotherapy. In addition, psychologists are the only mental health professionals who are fully trained and qualified to use psychological tests.

The education of psychologists provides knowledge of psychological and emotional problems, personality, and human development, integrated with specialized training in how to apply this knowledge to helping people with emotional distress and other problems in living. The psychologist's training in research allows them to evaluate the best ways to help people and to make decisions on what helps and what doesn't help different people with various situations.

Psychologists also specialize in psychological testing. Psychological tests are used in situations where there are questions about what a person's particular problem is. For example, a psychologist may use psychological tests to determine whether a child has a learning disorder. Psychologists also use psychological tests in legal cases or any time there is uncertainty about what is troubling an individual. Psychological tests can include assessments of personality styles, tests of emotional well-being, intellectual (or "IQ") tests, tests of

academic achievement and tests for possible brain damage. The use of psychological tests requires years of training that involves not only learning how to give the tests, but also how to integrate all the information from a variety of tests, background information, interviews, and knowledge of theories, research, psychological problems, personalities, and human development. Psychologists are the only mental health professionals who are fully trained and qualified to use psychological tests.

It is important to be aware that there can be broad differences in training and philosophy among psychologists, psychiatrists, social workers, and other therapists which can often lead to widely differing treatment approaches and understandings of psychological and emotional problems.

2. Ответьте на вопросы по тексту на английском языке

What services can psychologists and psychiatrists provide to people?

What professionals are granted the right to diagnose neuropsychological disorders and dysfunctions?

What professionals are granted the right to prescribe medications?

What do psychologists focus their treatment on?

What does the education of psychologists include?

What does psychologist's training allows them to do?

What professionals specialize in psychological training?

When do psychologists use psychological tests?

What do psychological tests assess?

3. Ответьте на вопрос по теме, выразив собственное мнение.

What are the main differences between psychologists and psychiatrists?

4. Ниже дан пример оформления конверта на английском языке. Поясните, что означают выделенные цифры (1-6)

Mrs. Janet Andersen
Personnel Manager
Dot. Com. Solution Ltd
10 Waterbridge Road
(1) Kingcross, (2) FK18 9GD

(3) Mr. Miranda Collins
Regional Sales Manager
(4) Park House
13 (5) Kings Street
Manchester, (6) M12 3PG

5. Составьте свое резюме по модели, данной ниже.

NAME: Janet Martin

Address: 12 Harcourt Road London SW1 England Tel: (0171) 5436789

Date of birth: 27th March 1968

Marital status: Single Nationality: British

Education: 1984-86: Greenfields School - Yorkshire (3 A-levels)

1986-89: Capital Business School, London

MBA, specialised in International Business

Languages:

English - mother tongue German - fluent

French - spoken

Italian - good working knowledge

Professional Experience:

Summer 1987: Crane Engineering - Assistant to the Personnel Manager, responsible for a study on work methods

1989-20 ... : United Telecom - Assistant to the Marketing Manager

Hobbies: Sailing - Horse riding - Jazz

Further qualifications: Driving license, Good computer skills

ПРИЛОЖЕНИЕ 1

Образец оформления титульного листа контрольной работы

Образовательный консорциум Среднерусский университет

Частное образовательное учреждение

высшего образования

Брянский институт управления и бизнеса

ИНОСТРАННЫЙ ЯЗЫК (АНГЛИЙСКИЙ)

КОНТРОЛЬНАЯ РАБОТА

Вариант 1

Выполнил: студент __ курса,
группа Пс-101/1
Иванов Иван Иванович

Проверил: _____

Брянск 202_